



# VTTA YORKSHIRE GROUP OPEN 10 MILE TIME TRIAL



Promoted for and on behalf of Cycling Time Trails under their Rules and Regulations

## OFFICIAL START SHEET Saturday 19<sup>th</sup> September 2020 Starting at 14:00

### Event Organiser

Blair Buss, 6 Bramley View, Lightcliffe, Hipperholme, Halifax, HX38ST

Telephone – 01422 202957 or 07936 146533

e-mail – [blairbuss@btinternet.com](mailto:blairbuss@btinternet.com)

Alternative on the day contact - Tony Stott - mobile: 07840 064063

### Time Keepers

Mike Penrice (VTTA Yorkshire) and Betty Philipson (City RC (Hull))

### Awards (All to be posted out after the event)

VTTA member on age handicap*	1st - £50	2 <sup>nd</sup> - £40	3 <sup>rd</sup> - £30	4 <sup>th</sup> - £20	5 <sup>th</sup> - £15
Fastest VTTA member on age handicap* in age category and not in the first four	40-49 £25	50-59 £25	60-69 £25	70- 79 £25	80+ £25
First and second fastest non-VTTA veteran on age handicap* (excluding lapsed members)	VTTA membership for 2021				
Fastest VTTA Yorkshire member on age handicap*	Awarded the new <b>Stan Chadwick Memorial Trophy</b> for one year				
Actual Fastest Man	1 <sup>st</sup> - £40	2 <sup>nd</sup> - £30	3 <sup>rd</sup> - £20		
Actual Fastest Woman	1 <sup>st</sup> - £40	2 <sup>nd</sup> - £30			
Tandem - fastest	£20				
Medium gear	1 <sup>st</sup> - £30	2 <sup>nd</sup> - £20			

\*Age handicaps - see explanation on following pages

**IF YOU ARE UNWELL OR SHOWING ANY SIGNS OF COVID-19 THEN PLEASE DO NOT COME TO THIS EVENT.**

### COVID-19 RESTRICTIONS

**PLEASE BE AWARE OF SOCIAL DISTANCING. KEEP 2M APART FROM OTHER THAN HOUSEHOLD MEMBERS AT ALL TIMES AND DO NOT CONGREGATE IN GROUPS OF MORE THAN SIX.**

**PLEASE ARRIVE READY PREPARED AND AS LATE AS POSSIBLE. DO NOT LINGER AROUND AFTER YOU HAVE RIDDEN.**

## **VTTA (YORKSHIRE) 10 - KEEP IT CORONAVIRUS SAFE**

Cycling Time Trials has issued two documents relating to COVID-19; these are the Covid-19 Risk Assessment and the guidance document 'Putting on a Cycling Time Trials Event During Covid-19'. Both documents are available on the CTT website in both the 'Forms' section and via the event page.

The following points are specific to this event - all riders MUST read and adhere to the control measures set out by Yorkshire VTTA.

- ) The HQ will be open from 12:00 midday. There is ample parking at the rear of the HQ and the field area. Please park sensibly, maintaining social distancing and avoid blocking any access points. We have the support of the village hall committee and want to ensure we maintain the good relationship for future events and organisers.
- ) There are no changing facilities or catering at the HQ, we only have access to the toilets, and this will be controlled with a one-way system in place and a marshal. If you enter the hall then you MUST have a face covering.
- ) One rider at a time to enter the sign on area, read any new course guidance / warnings, collect number and promptly leave. You must bring your own pen for sign on and your own safety pins to attach race numbers as these will not be provided. Please adhere to any one way and social distancing signs.
- ) The toilets are available in the village hall, which will contain hand sanitisers and surface disinfectant spray. Please use both and leave the toilet in a clean state for the next user. All surfaces in the toilets and HQ will be regularly disinfected throughout the event.
- ) There are plenty of quiet roads to warm up on, please do not warm up in built up areas or on the course once the event has started. NO TURBO TRAINERS TO BE USED.
- ) Any spectators should be mindful of social distancing guidelines and only stand with members of their own household or bubble.
- ) Only 3 riders are permitted to queue at the start so please time your arrival accordingly. All riders will start with one foot on the ground, there is no 'push off' or starting gate. Riders must not leave any personal items at the start.
- ) On completion of your race, please return to HQ and approach the hall to sign off with the same controls as prior to the event. (bring your own pen, wear a face mask / covering) Competitors are asked to dispose of their race numbers in the bins provided.
- ) There will be no results board on the day or presentation, all results will be published via the CTT website as soon as possible. Please sign off and depart the area promptly to keep congestion to a minimum.

The organisers for Yorkshire VTTA have put a lot of work into ensuring this event can proceed safely; we rely on all riders to support and follow the controls listed above.

**DO NOT ATTEND THIS EVENT IF YOU OR ANYONE THAT YOU HAVE BEEN IN CONTACT WITH HAS DISPLAYED ANY CORONA VIRUS SYMPTOMS IN THE LAST 14 DAYS. PLEASE FOLLOW GOVERNMENT GUIDELINES AND HELP US KEEP THE EVENT COVID SECURE.**

Thank you for your support, have a safe and fast ride!

**No group of more than 6 permitted,**

**ANYONE FOUND BREAKING THIS RULE WILL BE DQ STRAIGHT AWAY**

### **Course Details** V714 (B1230 Gilberdyke – Howden)

Start on B1230 at West End of Gilberdyke, 5 miles of east of Howden TI, at a point 110 yards of Gilberdyke Service Station at painted mark at end of lane. Proceed westwards on B1230, to turn at Howden TI. Retract through Gilberdyke to finish at TP 107/31-60, 15 yards past entrance to White Rose Inn (Gilberdyke).

Please exercise caution at the pelican crossing in Gilberdyke approximately ½ mile before finish.

### **Headquarters and Car Parking**

Headquarters NEWPORT VILLAGE HALL, postcode HU15 2PP, on B1230 as west end of Newport Village, open from 12:00. There is a small car park and access to the field behind, where is plenty of parking space. Please park sensibly, maintaining social distancing and not blocking access.

DO NOT PARK ON THE ROAD SIDE UNLESS DIRECTED TO DO SO.

DO NOT arrive more than one hour before your ride or you may be asked to stay in your vehicle.

CHANGING FACILITIES will not be available. You should arrive in your race clothing if possible.

TOILETS at the HQ, but please leave clean, using the hand sanitiser and surface disinfectant spray, and do not loiter. Do not cause offence by 'going' in a public place.

WEAR A FACE MASK if going into the HQ building.

### **Race Numbers**

PLEASE BRING YOUR OWN PEN AND SAFETY PINS (IF NEEDED).

NUMBERS AND SIGNING ON from 13:00 under the gazebo outside. You must use your own pen. Safety pins will not be provided. Please wear your race number in a central position below the waist so that it is clearly visible to other road users when you are riding.

### **Medium Gear Riders**

GEAR CHECK at HQ when you sign on. 72" equals 18ft 10¼in per one revolution of the cranks.

### **Warming Up**

WARM UP on the road if possible, but please avoid passing the start or finish timekeepers whilst the event is in progress. There are plenty of quiet roads in the area.

TURBO TRAINERS are not allowed to be used at the event.

### **Start Directions**

To get to the start turn left out of HQ and continue for 1.8 miles.

### **At The Start**

ARRIVE AT THE START AREA no more than 5 minutes before your starting time.

ONLY 3 RIDERS ALLOWED IN THE START QUEUE and must keep apart by at least 2m.

PUSHING OFF is not available. Riders must start with one foot on the ground and must not 'jump the gun' when being counted down.

### **After Your Ride**

SIGN OFF when returning number or you may be recorded as DNF. Please do this promptly. Use your own pen and place your number in the box provided to minimise handling.

REFRESHMENTS will not be available - sorry. You should leave the event as soon as possible after finishing.

RESULTS will be posted as soon as possible on CTT and social media. There will not be a result board.

PRIZES will be posted out after the event.

**In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all riders to wear a hard shell helmet that meets an internationally accepted safety standard. Juniors MUST wear such a helmet.**

**A working rear light, either flashing or constant, must be fitted to machines in a position visible to following road users and be active whilst the machine is in use.**

#### **Unable To Ride?**

Due to the large number of entries we have a list of reserves. If you are unable to ride please contact the organiser as soon as possible so that your starting slot can be re-allocated. The cut-off time for reserve placement will be 12 noon on Saturday.

If you are a reserve and have not been allocated a ride please do not attend. In the current climate we cannot permit 'reserve loitering' at the HQ or the start.

#### **VETERAN AGE HANDICAPS**

This event is trialling a new system of 'veteran's age handicaps' instead of veteran's standards and plusses, with which most veteran competitors should be familiar.

A suggestion was made by a letter writer to the VTTA magazine last December that adopting an age handicaps system may be simpler than standards and would allow performances to be put into context more readily. Under the traditional standards system a rider's time is subtracted from the standard time applicable to their age; the standard time increases at each birthday to reflect a reduction in performance due to ageing. (These standards have been derived statistically from about 120,000 performances held on the CTT database.) Under the age handicap system your age handicap time will be your actual time minus your age handicap allowance. A 40 year old male rider would be on scratch (ie a handicap of 00:00) and the handicap allowance increases by a small amount each birthday. This increase is the same as the increase in standard time.

Age handicap tables have been produced (although not yet in general circulation). Ranking order and awards remain exactly the same under both systems but rider's results are expressed as an age handicap time, which is effectively what they could be expected to do if they could be transformed into a 40 year old male.

The concept has been discussed at some length by the VTTA National Committee and has gained momentum despite the lack of racing due to the pandemic. The time is right for a trial prior to the end of the season. Riders views on this alternative system will be sought after the event.

No.	Off At	Name	Club	Gdr.	Age	
1	14:01	Andy Whitehead	Rockingham CC	M	54	Tandem
1	14:01	Ala Whitehead	Rockingham CC	W	46	
2	14:02	Mark Scothern	LFGSS CC	M	55	Medium gear riders
3	14:03	Howard Heighton	Ferryhill Whs	M	47	
4	14:04	Jymmy Trevor	Jem Hadar Racing	M	48	
5	14:05	Kevin Melia	VC Bradford	M	58	
6	14:06	Blair Buss	Halifax Imperial Whs	M	55	

No.	Off At	Name	Club	Gdr	Age	VTTA member	Vets age handicap
7	14:07	Gary Brearley	City RC (Hull)	M	62	No	01:50
8	14:08	Paul Targett	Holcombe Harriers	M	55	No	01:10
9	14:09	Paddy Giblin	Rotherham Whs CC	M	66	Yes	02:19
10	14:10	Graham Heaton	City RC (Hull)	M	53	No	01:01
11	14:11	Paul Brierley	Huddersfield RC	M	53	Yes	01:01
12	14:12	Mark Symons	Hull Thursday RC	M	60	Yes	01:37
13	14:13	Greg Elliott	Harworth and District CC	M	69	Yes	02:46
14	14:14	Cheryl Quigley	Hull Thursday RC	W	51	Yes	03:09
15	14:15	Sean Quinn	Law Whs	M	47	Yes	00:34
16	14:16	David Bird	VTTA (Yorkshire)	M	64	Yes	02:04
17	14:17	Maria Mulleady	Team Swift	W	41	Yes	02:18
18	14:18	Andrew Gurnhill	Doncaster Whs C.C.	M	54	No	01:05
19	14:19	Peter MacKlam	Yorkshire Road Club	M	77	Yes	04:27
20	14:20	Mark Rowland	Selby CC	M	57	Lapsed	01:20
21	14:21	Adam Hardy	Team Sportslab	M	44	Yes	00:20
22	14:22	Ben Birtles	City RC (Hull)	M	44	No	00:20
23	14:23	Andrew Dovernor	Wakefield Triathlon Club	M	52	No	00:56
24	14:24	Pamela Moore	Coalville Whs	W	53	Yes	03:19
25	14:25	Steve Gibson	Peak Road Club	M	54	Yes	01:05
26	14:26	David Mason	Lincoln Whs CC	M	46	Yes	00:29
27	14:27	Roger Widdowson	Sherwood CC	M	51	Lapsed	00:52
28	14:28	Alan Gay	Team Swift	M	73	Yes	03:30
29	14:29	Patrick Hill	Rotherham Whs CC	M	52	No	00:56
30	14:30	Rich Steels	Ilkeston Cycle Club	M	41	Lapsed	00:05
31	14:31	Mathew Stonley	Mapperley CC	M	47	Yes	00:34
32	14:32	Louise Ryde	Team Swift	W	54	No	03:25
33	14:33	Ron Hallam	South Pennine RC	M	90	Yes	10:27
34	14:34	Jennifer Lynn	Selby CC	W	51	No	03:09
35	14:35	Mike Allen	Team Jewson - MI Racing	M	74	Yes	03:43
36	14:36	Nick Giles	Poco Loco Cycling R.T.	M	61	No	01:43
37	14:37	Martin Hailstone	Hull Thursday RC	M	52	Yes	00:56
38	14:38	Gary Hibbard	Bolsover and District CC	M	53	Yes	01:01
39	14:39	Tim Ferguson	Sportcity Velo	M	74	Yes	03:43
40	14:40	Andy Thomas	Lindsey Roads CC	M	51	Yes	00:52
41	14:41	Chris Taylor	Holmfirth C C	M	43	Yes	00:15

No.	Off At	Name	Club	Gdr	Age	VTTA member	Vets age handicap
42	14:42	Chris Last	Rotherham Whs CC	M	56	Yes	01:15
43	14:43	Vanessa Barker	Hull Thursday RC	W	45	Yes	02:40
44	14:44	Gareth Shepherd	Bramley Whs CC	M	43	Yes	00:15
45	14:45	Wayne Smith	Team Ohten Aveas	M	53	Yes	01:01
46	14:46	Michael Cross	Yorkshire Road Club	M	58	Lapsed	01:26
47	14:47	Michael Weaver	Rotherham Whs CC	M	71	Yes	03:07
48	14:48	Mike Cole	Huddersfield RC	M	75	Yes	03:57
49	14:49	Andrew Harland	Darlington Tri Club	M	53	No	01:01
50	14:50	Jim Boyle	Born to Bike - Bridgtown Cycles	M	56	Yes	01:15
51	14:51	Nigel Finch	Mercia - Lloyds Cycles CC	M	65	Yes	02:11
52	14:52	Mark Morris	Harrogate Nova CC	M	46	No	00:29
53	14:53	Miles Haslam	Buxton CC/Sett Valley Cycles	M	61	Yes	01:43
54	14:54	Liz Ball	Valley Striders CC	W	67	Yes	04:56
55	14:55	Simon Inman	OVB	M	47	Yes	00:34
56	14:56	Nicholas Fairfield	City RC (Hull)	M	49	No	00:43
57	14:57	John Eric Potter	Bridlington CC	M	66	Yes	02:19
58	14:58	Sue McFarlane	Army Cycling	W	40	No	02:12
59	14:59	Peter Down	Tickhill Velo Club	M	44	No	00:20
60	15:00	Ian Guilor	Mapperley CC	M	53	Yes	01:01
61	15:01	Mike McLeavy	City RC (Hull)	M	65	Yes	02:11
62	15:02	David Percival	Team Swift	M	44	Yes	00:20
63	15:03	Steven Smith	Yorkshire Road Club	M	54	No	01:05
64	15:04	Helen Goldthorpe	Otley CC	W	42	Yes	02:24
65	15:05	Andrew Carroll	Cliff Pratt Racing	M	46	Yes	00:29
66	15:06	Steven Scott	Albarosa CC	M	46	No	00:29
67	15:07	Ian Cooper	Team Ohten Aveas	M	50	No	00:47
68	15:08	Guy Lewis	Holmfirth C C	M	53	Yes	01:01
69	15:09	Steven Woodrup	Yorkshire Road Club	M	73	Yes	03:30
70	15:10	Glen Turnbull	MTS Cycle Sport	M	47	No	00:34
71	15:11	Melvin Blackford	Vive Le Velo	M	57	Lapsed	01:20
72	15:12	Andrew Spittlehouse	Calder Clarion	M	51	No	00:52
73	15:13	David Hunt	Wakefield Triathlon Club	M	42	No	00:10
74	15:14	Alan Kaye	City RC (Hull)	M	68	Yes	02:37
75	15:15	Simon Geraci	Team Swift	M	52	Yes	00:56

No.	Off At	Name	Club	Gdr	Age	VTTA member	Vets age handicap
76	15:16	Paul Heggie	Birdwell Whs	M	67	Yes	02:28
77	15:17	Tim Tharratt	Squadra RT	M	50	No	00:47
78	15:18	Steve Gelder	Team Swift	M	51	No	00:52
79	15:19	Simon Richardson	VTTA (Yorkshire)	M	68	Yes	02:37
80	15:20	Russ Richardson	Mountain Goat Coaching	M	63	Yes	01:57
81	15:21	Ian Richardson	Selby CC	M	58	No	01:26
82	15:22	Paul Ruta	Barnsley Road Club	M	73	Yes	03:30
83	15:23	Christopher Green	Drighlington BC	M	61	Yes	01:43
84	15:24	David Bower	Hull Thursday RC	M	66	Yes	02:19
85	15:25	Daniel Shaw	Halifax Imperial Whs	M	52	Yes	00:56
86	15:26	Ross Burton	Calder Clarion	M	44	Yes	00:20
87	15:27	David Wright	Cheshire Roads Club	M	66	Yes	02:19
88	15:28	Ben Garrard	Selby CC	M	45	No	00:25
89	15:29	Stacey Stump	York Cycleworks	M	52	Yes	00:56
90	15:30	Steve Gore-Browne	Team Swift	M	52	Lapsed	00:56
91	15:31	Neil Ingham	Lindsey Roads CC	M	55	Yes	01:10
92	15:32	Cliff Beldon	Selby CC	M	73	Yes	03:30
93	15:33	Martin Brearey	TS Racing - OTR	M	54	No	01:05
94	15:34	Paul Howell	Yorkshire Road Club	M	55	Yes	01:10
95	15:35	Andrew Hicklin	Peak Road Club	M	54	Yes	01:05
96	15:36	Paul Eveleigh	Lincoln Whs CC	M	59	Yes	01:32
97	15:37	Phil Wright	Hartlepool CC	M	65	Yes	02:11
98	15:38	Tony Stott	VTTA (Yorkshire)	M	75	Yes	03:57
99	15:39	Roy Oakes	South Pennine RC	M	75	Yes	03:57
100	15:40	Richard Dean	Rockingham CC	M	41	Lapsed	00:05
101	15:41	Gary Hunt	Hartlepool CC	M	57	Yes	01:20
102	15:42	David Fletcher	Barracuda Tri Club	M	42	No	00:10
103	15:43	Paul May	Selby CC	M	40	No	00:00
104	15:44	Greg Thorley	Parentini Test Team	M	50	Yes	00:47
105	15:45	Peter Fielding-Smith	Wilson's Wheels RT	M	50	No	00:47
106	15:46	Richard Walker	Selby CC	M	51	No	00:52
107	15:47	Ben Hamilton	Rutland CC	M	74	Yes	03:43
108	15:48	David Taylor	Ravensthorpe CC	M	65	Yes	02:11
109	15:49	Zoe Hibbard	Bolsover and District CC	W	42	Yes	02:24
110	15:50	Anthony Ashworth	Wetherby Whs	M	52	Yes	00:56

No.	Off At	Name	Club	Gdr	Age	VTTA member	Vets age handicap
111	15:51	Alasdair Bruce	Yorkshire Road Club	M	63	Lapsed	01:57
112	15:52	Gordon Kemp	Out of the Saddle CC	M	50	No	00:47
113	15:53	John Tiffany	Harrogate Nova CC	M	78	Yes	04:43
114	15:54	John Savage	Hull Thursday RC	M	60	Yes	01:37
115	15:55	Andrew Askwith	Vive Le Velo	M	56	Yes	01:15
116	15:56	Stephen Scott	Elmsall Road Club	M	61	Yes	01:43
117	15:57	Martin Turner	Holmfirth C C	M	46	No	00:29
118	15:58	Stewart Smith	Velo Club Veggies	M	53	No	01:01
119	15:59	Paula Fisher	Rotherham Whs CC	W	63	Yes	04:22
120	16:00	Simon Beldon	Team Bottrill	M	51	Lapsed	00:52
121	16:01	Richard Walker	VTTA (Yorkshire)	M	40	Yes	00:00
122	16:02	Paul Mapletoft	Kiveton Park CC	M	56	Yes	01:15
123	16:03	David Leckenby	Ilkley CC	M	57	Yes	01:20
124	16:04	Tony Boynton	City RC (Hull)	M	61	Yes	01:43
125	16:05	Jon Longworth	Bury Clarion CC	M	50	No	00:47
126	16:06	Mark Wolstenholme	Team Swift	M	42	Yes	00:10

RESERVES							
No.	Off At	Name	Club	Gdr	Age	VTTA member	Vets age handicap
130		Lewis Timmins	Team Swift	M	33	N/A	
131		Abi Smith	Moonglu CC	W	18	N/A	
132		Dan Small	Mountain Goat Coaching	M	36	N/A	
133		Harry Nolan	trainSharp	M	19	N/A	
134		Phillip Tyas	Barnsley Road Club	M	38	N/A	
135		Chris Devaney	Hull Thursday RC	M	39	N/A	
136		Rebecca Dawes	Racescene Female Academy	W	17	N/A	
137		Sarah Foulds	Sowerby Sunday Club	W	39	N/A	
138		Alice Simms	City RC (Hull)	W	18	N/A	